



# ACCREDITATION EVIDENCE

**Title:** Student Service: Wellbeing Activities

**Evidence Type:** Corroborating

**Date:** 23 April 2021

**WAN:** 22-0304

**Classification:** Website

**PII:** No

**Redacted:** No



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## Wellbeing Activities



Students enjoying annual LaLaNOBooza concert hosted by Wellbeing & Accessibility.

Western Wyoming Community College Office of Wellbeing & Accessibility offers various activities, events, workshops, and seminars on campus throughout the year.

Workshops, seminars, and credit courses are offered by the Wellbeing & Accessibility professionals to help the Western Wyoming campus community achieve personal and academic success. These offerings may vary depending on the student, faculty, and staff needs.

Please contact our offices, located in room 1227 in the Rock Springs campus or call (307)382-1652, regarding suggestions or requests for workshops.

### Wellbeing & Accessibility

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## Courses Offered by W&A Employees:

- Explorations in Personality
- Stress Management & Relaxation
- Introduction to Social Work
- Choosing Happiness @ Western

Specific class times and days should be determined by visiting the [current course schedules](#)



Open Mic Night is an alcohol and drug free fun activity, sponsored by Wellbeing & Accessibility, on the first Tuesday of every month at the T-Rex Grill. Campus and community members are welcome and should be prepared to show off their talents to win a free t-shirt. Free coffee, lattes, teas, and hot cocoa are available to all who attend. We hope you join us, relax with a hot drink, and enjoy the talents of the campus community.



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